

**SCYSL SOCCER INTRAMURAL TRAINING SCHEDULE - Spring 2021**  
**Training is done at MARTHA Ave Complex**  
**900 Bellport Avenue, Bellport**

**SIX week program:**

<b>Week 1</b>	<b>13-Apr</b>	<b>15-Apr</b>
<b>Week 2</b>	<b>20-Apr</b>	<b>22-Apr</b>
<b>Week 3</b>	<b>27-Apr</b>	<b>29-Apr</b>
<b>Week 4</b>	<b>4-May</b>	<b>6-May</b>
<b>Week 5</b>	<b>11-May</b>	<b>13-May</b>
<b>Week 6</b>	<b>18-May</b>	<b>20-May</b>

	<b>TUESDAYS</b>		<b>THURSDAYS</b>
<b>4:30 - 5:30</b>	<b>Girls</b> 4.30 - 5.30 <b>Blue Jays, Kickers, Rainbows</b>		<b>Girls</b> 4.30 - 5.30 <b>Glitter, Lightning Bugs, Dragnflies</b>
<b>4:30 - 5:30</b>	<b>Boys</b> 4.30 - 5.30 <b>Bears, Pit Bulls &amp; Bulldogs</b>		<b>Boys</b> 4.30 - 5.30 <b>Orcas, Tigers &amp; Wolves</b>
<b>5:30 - 6:30</b>			
<b>5:30 - 6:30</b>	<b>D2 Boys</b> 5.30 - 6.30 <b>Barcelona, Real Madrid &amp; Chelsea</b>		<b>D2 Boys</b> 5.30 - 6.30 <b>Cosmos, Red Bulls &amp; Manchstr Utd</b>

**Parents/Coaches:** We have contracted with SUSA to make soccer trainers available for your children.  
 We encourage you to attend as many sessions as possible.

Please make sure your child arrives ON TIME and is dressed appropriately with shin guards, cleats, water, and a properly inflated ball.

**IMPORTANT!!!!:** Even though there is a trainer working with players, please remain at the field in case of an emergency.

**Any questions can be directed to Director of Coaching Chris Day 516-757-4938 or emailed to the League.**

Please take your belongings & throw away any water bottles or other garbage you may have after the session is complete.

Thank You!